

Foodstuffs

GOURMET FOODS & CATERING

** Menu Items Subject to Change*

MONDAY	
November 29	
SOUPS & DIPS	
ww	Chicken Noodle Soup <i>(LF)</i> ww Ten Vegetable Soup <i>(LF)</i> <i>(GF)</i>
ww	Chicken Enchilada Soup
ww	Asparagus & Brown Rice Soup <i>(LF)</i> <i>(GF)</i>
	Roasted Red Pepper Dip <i>(LC)</i> <i>(GF)</i>
SALADS	
	Courtney's Tuna Salad <i>(LC)</i>
	Reduced Fat Tuna Salad <i>(LC)</i>
	Terry's Chicken Salad <i>(LC)</i>
	Veggie Crunch Salad
ENTREES & SIDE DISHES	
	Grilled Honey Lime Chicken Breast
ww	Shrimp Etouffee
ww	Chicken & Fried Cauliflower Rice <i>(LC)</i> <i>(LF)</i>
ww	Keto Moroccan Lamb Tagine <i>(LC)</i>
	Portobello Mushroom & Spinach Lasagna
ww	Chicken Burgers <i>(LC)</i> <i>(LF)</i>
	Mini Cheeseburgers
ww	Broccoli & Butternut Squash
	Mashed Potatoes & Butternut Squash
PASTRIES	
	3" Chocolate Sour Cream Layer Cake
	Reduced Fat Bread Pudding w/ Caramel Sauce
	Mini Apple Cinnamon Cream Cheese Coffeecake
	Mini Rustic Cranberry Pear Tart
	Lemon Raspberry Cake Squares w/ Cream Cheese Frosting
	Brown Sugar Shortbread
	Candy Cane Snowball Cookies
	Brownies Caramel Brownies
	Black & White Squares Lemon Bars

WEDNESDAY	
December 1	
SOUPS	
	New Orleans Style Gumbo
ww	Autumn Vegetable Soup <i>(LF)</i> <i>(GF)</i>
SALADS	
	Courtney's Tuna Salad <i>(LC)</i>
ww	Low Fat Thai Chopped Chicken Salad <i>(LF)</i>
	Italian White Bean Salad
ww	Cranberry Wild Rice Salad
ENTREES & SIDE DISHES	
	Auntie M's Onion Chicken Breast
ww	Reduced Fat Turkey Tetrazzini
	Old Fashioned Meatloaf
	Triple Mac & Cheese
	Southern Fried Chicken Sliders
ww	Grilled Mushrooms & Onions
	Mashed Potatoes & Gravy
PASTRIES	
	10" Smith Island Chocolate Cake
	Mini Cranberry Streusel Cake
	Old Fashioned Éclair
	French Apricot Slice
	Mama K's Carrot Cake Squares
	Valrhona Chocolate Pudding
	Clemente's Rice Pudding
	Smiley Face Cookies
	Adult Oreo Cookies
	Pretzel & Snickers Cookie Dough Bars <i>(NEW)</i>

TUESDAY	
November 30	
SOUPS & DIPS	
ww	Asian Chicken & Vegetable Soup <i>(LF)</i>
	Quinoa & Roasted Tomato Soup <i>(LF)</i> <i>(GF)</i>
ww	Hummus <i>(GF)</i>
SALADS	
	Courtney's Tuna Salad <i>(LC)</i>
	Grilled Artichoke Salad <i>(LC)</i>
	Roasted Corn & Shiitake Mushrooms
ENTREES & SIDE DISHES	
ww	Mexican Chicken Bake
ww	Chicken Enchiladas
	Steak & Caramelized Onion Tacos
ww	Vegan Rigatoni Bolognese <i>(LF)</i>
	Cauliflower & Goat Cheese Chile Relleno
	Risa's Turkey Burgers <i>(LC)</i>
	Mini Philly Cheese Chicken Sandwich
	Balsamic Roasted Beets
	Potato Latkes
PASTRIES	
	Mini Cherry Crunch Pie
	Banana Cream Pie Trifle
	Mini Raspberry Chocolate Chip Bundt Cake
	Tea Breads (Cranberry Orange, Pumpkin Cream Cheese, Zucchini)
	Foodstuffs Pound Cake
	Raw Candy Bars
	Gingerbread Men
	Almond Crescents Mexican Wedding Cookies
	Monster Bars

THURSDAY	
December 2	
SOUPS & DIPS	
ww	Chicken Alphabet Soup <i>(LF)</i>
ww	Moroccan Lentil & Chickpea Soup <i>(LF)</i> <i>(GF)</i>
	Artichoke & Spinach Dip <i>(LC)</i> <i>(GF)</i>
ww	Carolina Crab Dip
SALADS	
	Courtney's Tuna Salad <i>(LC)</i>
	Reduced Fat Tuna Salad <i>(LC)</i>
	Terry's Chicken Salad
	Vegan Spicy Tofu
ENTREES & SIDE DISHES	
ww	Shrimp Pad Thai <i>(LF)</i>
	Oriental Orange Chicken
	Teriyaki Beef Stir Fry
	Rajma Masala
	Tadka Dal
	Asparagus & Bok Choy Stir Fry
	New England Shrimp Rolls
	Mini Cheeseburgers
	Samosas
PASTRIES	
	6" Harvest Peasant Tart
	Mini Eggnog Cheesecake
	Mini Peach Custard Tart
	Chocolate Chip Cannoli
	Mini Chocolate Chip S'mores Cookies
	Gluten Free Brownies
	Karen Malkin's Raw Cranberry Oat Bars

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FRIDAY December 3	
SOUPS & DIPS	
ww	Brisket Bean Chili Broccoli & Mushroom Soup Cranberry Chutney (GF) Hal's Asian Dip (LC) Roasted Red Pepper Dip (LC) (GF)
SALADS	
	Courtney's Tuna Salad (LC)
ww	Grilled Hearts of Palm Salad
ww	Gemelli Pasta & English Peas
ww	Old Fashioned Egg Salad (LC)
ENTREES & SIDE DISHES	
	Korean BBQ Chicken Satay
ww	Butternut Squash Risotto (LF)
	Skinless Fried Chicken
	Risa's Turkey Burgers (LC)
	Mini Tenderloin Sandwiches
ww	B&B's Grilled Vegetables (LC)
	Potato Latkes
	Mashed Potatoes & Butternut Squash
PASTRIES	
	6" Double White Chocolate Mousse Torte 6" Banana Butterscotch Caramel Cake 3" Oreo Cake Mini Fresh Strawberry Cream Puff Mini Lemon Meringue Tart Mini Red Velvet Cake Bites Fruit Thumbprints Lexi's Peppermint Haystacks Christmas Confetti Butter Cookies Christmas Buttercream Sandwich Cookies Mini Mini Chocolate Chip Cookies Puppy Chow

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
	Chocolate Chip Cookies
MONDAY	
	Chocolate Chip Scones
TUESDAY	
	Apricot Scones
WEDNESDAY	
	Butterscotch Scones
THURSDAY	
	Chocolate Chip Scones
FRIDAY	
	Apricot Scones Oatmeal Raisin Cookies
SATURDAY	
	Butterscotch Scones Oatmeal Raisin Cookies
CHRISTMAS MENUS ARE IN STORES AND ONLINE NOW!	

SATURDAY December 4	
DIPS	
ww	Guacamole (GF) Spicy Hummus (GF)
SALADS	
	Courtney's Tuna Salad (LC)
ww	Jennifer's Greek Salad
ENTREES & SIDE DISHES	
	Marinated Sage & Garlic Turkey Breast (LC) Balsamic Grilled Flank Steak Panko Encrusted Chicken Tenders Eggplant Parmesan Mini Ham & Brie Sandwiches Mu Shu Chicken Sliders Spinach & Feta Pie Falafel
PASTRIES	
	Mini Raspberry Peach Rhubarb Pie Mini Reese's Peanut Butter Chocolate Chip Cookie Cake Petit Ultimate Chocolate Pie Triple Berry Turnover Inside Out Carrot Cake Cookies Christmas Pinwheel Shortbread
OUR GIFT CARD PROMOTION HAS RETURNED! NOVEMBER 29TH - DECEMBER 4TH, PURCHASE \$50 IN FOODSTUFFS GIFT CARDS AND RECEIVE A \$10 GIFT CARD FREE!	

CHECK OUT OUR NEW CATERING WEBSITE! OUR FIVE-STAR CATERING DEPARTMENT CAN DESIGN YOUR UNIQUE EVENT INCLUDING PROFESSIONAL AND COURTEOUS STAFF OF CHEFS, SERVERS & BAR TENDERS; BEAUTIFUL LINENS, FLORAL ARRANGEMENTS AND EVERYTHING YOU NEED TO "BE A GUEST AT YOUR OWN PARTY"

STORE HOURS	
GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed