

WEEK OF
JULY 5 - 11

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
JULY 5 - 11

* Menu Items Subject to Change

M O N D A Y		
July 5		
SOUPS & DIPS		
ww Chicken Noodle Soup (LF) ww Low Fat Split Pea Soup (LF) (GF)	5.99	ea
ww Mediterranean Chicken Soup (LF)	5.99	ea
ww Portobello, Kale & Orzo Soup (LF)	5.99	ea
Roasted Red Pepper Dip (LC) (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad (LC)	13.99	lb
Chopped Salad	10.99	lb
Orzo Pasta with Wild Mushrooms	10.99	lb
ENTREES & SIDE DISHES		
ww Grilled Chicken Breast w/ Herbs de Provence (LC)	14.99	lb
ww Chicken Breast Stir Fry (LC)	12.99	lb
ww Turkey & Brown Rice Stuffed Peppers	11.99	lb
Spinach & Leek Casserole	10.99	lb
ww Chicken Burgers (LC) (LF)	11.99	lb
Mini Cheeseburgers	2.99	ea
ww Lemon Grilled Vegetables	10.99	lb
Mashed Potatoes & Butternut Squash	8.99	lb
PASTRIES		
3" Chocolate Sour Cream Layer Cake	7.99	ea
Mini Rustic Strawberry Peach Tart	4.99	ea
Mini Black Bottom Cake	4.99	ea
Banana Butterscotch Cake Squares w/ Cream Cheese Frosting	4.99	ea
Mini Marbled Shortbread	17.99	lb
Brownies Caramel Brownies	16.99	lb
Black & White Squares	16.99	lb
Lemon Bars	16.99	lb

W E D N E S D A Y		
July 7		
SOUPS		
ww Spicy Thai Shrimp Soup (LF)	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Turkey Cranberry Salad	13.99	lb
ww Heirloom Tomato & Feta Salad	10.99	lb
ww Loaded Baked Potato Salad	8.99	lb
ENTREES & SIDE DISHES		
Auntie M's Onion Chicken Breast	15.99	lb
Carne Asada (LC)	22.99	lb
Paella	12.99	lb
Cheese Tortellini w/ Oven Roasted Tomatoes & Nut Free Pesto	10.99	lb
Southern Fried Chicken Sliders	3.99	ea
ww Reduced Fat Spinach Souffle (LC)	10.99	lb
Mashed Potatoes & Gravy	7.99	lb
PASTRIES		
10" Heavenly Chocolate Cake	7.99	lb
3" Bubble Cake (NEW)	7.99	ea
Mini Two Berry Lemon Curd Tart	5.99	ea
French Summer Berry Streusel Slice	4.99	ea
Mama K's Carrot Cake Squares	4.99	ea
Valrhona Chocolate Pudding Clemente's Rice Pudding	3.99	ea
Lemon Buttercream Filled Finger Cookies	17.99	lb
Strawberry Streusel Bars	16.99	lb

JOIN FOODSTUFFS SANDWICH CLUB!
PURCHASE 12 SANDWICHES AND GET YOUR NEXT
GOURMET SANDWICH FREE!

T U E S D A Y		
July 6		
SOUPS & DIPS		
ww Chicken Farro Soup (LF)	5.99	ea
ww Nan's Gazpacho (LF)	6.99	lb
ww Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Vegan Spicy Eggplant Tofu	13.99	lb
Apple, Pistachio & Brussels Sprouts Salad	10.99	lb
ww Coleslaw Vinaigrette	8.99	lb
ENTREES & SIDE DISHES		
Chicken Milanese	15.99	lb
Mini Chicken Burritos	8.99	ea
Butternut Squash Black Bean Enchiladas	3.99	ea
Cauliflower & Goat Cheese Chile Relleno	11.99	lb
ww Spaghetti with Turkey Meatballs	10.99	lb
Risa's Turkey Burgers (LC)	11.99	lb
Mini Gyro	3.99	ea
ww Cheddar Potato Bites	8.99	lb
PASTRIES		
Mini Blackberry Lattice Pie	7.99	ea
Banana Split Trifle	7.99	ea
Cookie Pizza	7.99	ea
Tea Breads (Banana Chocolate Chip, Zucchini, Lemon Blueberry)	7.99	ea
Foodstuffs Pound Cake	16.99	ea
No Bake Monster Peanut Granola Bar Bites	17.99	lb
Almond Crescents	16.99	lb
Mexican Wedding Cookies	16.99	lb
Monster Bars	16.99	lb

T H U R S D A Y		
July 8		
SOUPS & DIPS		
Tomato Wild Rice Soup	5.99	ea
ww Spicy Feta Dip (LC) (GF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
ww Carolina Crab Dip	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad	13.99	lb
Vegan Spicy Tofu	13.99	lb
ENTREES & SIDE DISHES		
ww Kung Pao Shrimp	16.99	lb
Teriyaki Beef Stir Fry	13.99	lb
Spicy Tofu Pad Thai	10.99	lb
Rajma Masala	10.99	lb
Tadka Dal	10.99	lb
ww Broccoli Bok Choy Stir Fry	10.99	lb
New England Shrimp Rolls	6.99	ea
Mini Cheeseburgers	2.99	ea
Samosas	1.99	ea
PASTRIES		
6" Apricot, Peach & Raspberry Peasant Tart	19.99	ea
Mini Orange Dream Cheesecake	7.99	ea
Raspberry Paris Brest	5.99	ea
Mini Pineapple Upside Down Cake	4.99	ea
Mini Chocolate Chip S'mores Cookies	16.99	lb
Gluten Free Brownies	16.99	lb
Karen Malkin's Raw Cranberry Oat Bars	17.99	lb

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FRIDAY		
July 9		
SOUPS & DIPS		
ww Chicken Minestrone Soup (LF)	5.99	ea
ww Roasted Tomato & Goat Cheese Spread (LC)	7.99	ea
Roasted Red Pepper Dip (LC) (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
ww Gemelli Pasta & English Peas	10.99	lb
ww Cauliflower Corn Salad	10.99	lb
Roxi's Egg Salad (LC)	8.99	lb
ww Ginger Asian Slaw	8.99	lb
ENTREES & SIDE DISHES		
Korean BBQ Chicken Satay	11.99	ea
Skinless Fried Chicken	9.99	lb
Risa's Turkey Burgers (LC)	11.99	lb
Mini Tenderloin Sandwiches	5.49	ea
Mini Ham & Brie Sandwiches	3.99	ea
ww Mélange of Roasted Summer Vegetables	10.99	lb
Mashed Potatoes & Butternut Squash	8.99	lb
PASTRIES		
6" Vanilla Frosted Chocolate Fudge Torte	23.99	ea
6" Cinnamon Crunch Cake	16.99	ea
Mini Tuxedo Tart	5.99	ea
Strawberry Rhubarb Crisp (metal tin)	3.99	ea
Chocolate Tres Leche Cake Slice	4.99	ea
Birthday Cake Bites	16.99	lb
Dark Chocolate Sables	16.99	lb
Foodstuffs Buttercream Cookies	17.99	lb
Mini Mini Chocolate Chip Cookies	13.99	pk
Puppy Chow	14.99	lb
LIKE US ON FACEBOOK		

FOODSTUFFS FAMOUS COOKIES & SCONES

MONDAY - SATURDAY		
Chocolate Chip Cookies	2.99	ea
MONDAY		
Chocolate Chip Scones	2.49	ea
TUESDAY		
Apricot Scones	2.49	ea
WEDNESDAY		
Butterscotch Scones	2.49	ea
THURSDAY		
Chocolate Chip Scones	2.49	ea
FRIDAY		
Apricot Scones	2.49	ea
Oatmeal Raisin Cookies	2.99	ea
Buttercrust Hamburger Buns	1.29	ea
SATURDAY		
Butterscotch Scones	2.49	ea
Oatmeal Raisin Cookies	2.99	ea
Buttercrust Hamburger Buns	1.29	ea

FOLLOW US ON INSTAGRAM
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SATURDAY		
July 10		
DIPS		
Spicy Hummus (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Jicama Orange Salad (LF)	10.99	lb
ENTREES & SIDE DISHES		
ww Keto Buffalo Chicken Meatballs (LF) (LC)	10.99	lb
ww Soba Noodles with Chicken & Vegetables (LF)	12.99	lb
Kale, Pea & Ricotta Fritters w/ Lemon Aioli	10.99	lb
Mini Greek Quesadillas	10.99	lb
ww Spring Peas with Mint (LF)	10.99	lb
Mini Reuben Sandwiches	3.49	ea
Vegan Lentil Pie	3.99	ea
Falafel	.99	ea
PASTRIES		
Mini Cherry Pie	7.99	ea
Mini Buttermilk Pound Cake w/ Caramel Icing	5.99	ea
Chocolate Chip Cannoli	3.99	ea
Rustic Pecan Pie Pocket	4.99	ea
Coconut Cloud Pudding	3.99	ea
Door County Cherry White Chocolate Chunk Cookies	16.99	lb

ELEVATE YOUR EVENTS WITH
FOODSTUFFS EVENTS & CATERING.
FROM GRADUATIONS TO CELEBRATING JUST
BEING TOGETHER WITH FAMILY AND FRIENDS -
WE CREATE TRADITIONAL OR ELEVATED
BARBECUES, PICNICS AND THEMED
OUTDOOR EVENTS.

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LOCATIONS, OUR SHOP & SHIP E-COMMERCE
GIFTS & SPECIALS, DIRECT DELIVERY, AND
EVENTS & CATERING DIVISION.

STORE HOURS

GLENCOE 338 Park Avenue Glencoe, IL 60022
(847) 835-5105

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
EVANSTON 2106 Central Street Evanston, IL 60201
(847) 328-7704

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
GLENVIEW 1456 Waukegan Road Glenview, IL 60025
(847) 832-9999

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045
(847) 234-6600

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed