

# CHOPPED KALE SALAD

## Ingredients

- 1 lb. Fresh kale, washed and chopped
- 1/2 of a red bell pepper, sliced thin
- 1/2 cup of Feta cheese, chopped
- 1/4 cup of Kalamata olives, pitted
- 1/4 cup of Foodstuffs Toasty & Spicy Almonds
- 1/8 cup of Honey
- Dash of Cumin powder
- Dash of Curry powder
- 1/4 cup of extra virgin olive oil
- Dash of salt
- Dash of black pepper

## Directions

In a small bowl whisk honey, cumin, curry powder, and oil.

In a large bowl toss kale, bell pepper, feta cheese, olives and almonds.

Add dressing to a large bowl. Toss and season to taste.