SIDE DISHES THURSDAY - SEPTEMBER 16 TH				
ARTICHOKE AND SPINACH DIP Artichoke hearts blended with fresh spinach, scallions, parme and balsamic mayonnaise (approximately 5-6 servings per container)	san cheese		6.99/ea	
COURTNEY'S TUNA SALAD Foodstuffs famous tuna salad made with Albacore tuna, celery and a blend of cholesterol free and fat free mayonnaise (approximately 2-3 servings per pound)	, scallions, word	cestershire sauce	13.99/lb	
TERRY'S CHICKEN SALAD Harrison's Poultry Farm's all-natural poached chicken breast of cholesterol free mayonnaise (approximately 2-3 servings per pound)	liced and tossed	with celery and	13.99/lb	
REDUCED FAT TUNA SALAD Albacore tuna with celery and scallions, blended with our fat f (approximately 2-3 servings per pound)	ree key lime ma	yonnaise	13.99/lb	
MY BIG FAT GREEK TOMATO SALAD Cherry tomatoes tossed with seedless cucumbers, onions, feta (approximately 3-4 servings per pound)	cheese and our	r oregano-garlic vinaigrette	10.99/lb	
VEGAN COUS COUS WITH BUTTERNUT SQUASH Israeli cous cous with roasted butternut squash, arugula, curre our agave-mint dressing (approximately 3-4 servings per pound)	ants and almono	ds, tossed with	10.99/lb	
ROASTED CAULIFLOWER, GREEN BEANS & MUSH! Cauliflower roasted with green beans, shiitake mushrooms, sh (approximately 3-4 servings per pound)		gon	10.99/lb	
ENTREES				
BBQ ROASTED CHICKEN QUARTERS Harrison's Poultry Farm's all-natural chicken, roasted with BB (approximately 1 quarter per person)	Q sauce, cut int	o quarters	9.99/lb	
BROCCOLI CHEDDAR CREPES Crepes stuffed with creamy broccoli, onions, cheddar cheese an (approximately 3-4 crepes per pound)	nd parmesan ch	eese	11.99/lb	
MINI LOX & BAGEL SANDWICHES Nova lox with arugula, red onions, cucumbers and cream chees served on a mini sesame bagel (approximately 2-3 bagels per person)	se with chives,		4.49/ea	
MINI CHEESEBURGERS Mini black Angus burger with American cheese, served on a bu (approximately 2-3 burgers per person)	ittercrust bun		2.99/ea	
PASTRIES				
SOUTHERN PEACH PIE A flaky pie shell loaded with fresh peaches and topped with a s (approximately 6-8 servings per pie)	sweet pie crust		20.99/ea	
3" BANANA CAKE WITH FUDGE FROSTING Two layers of moist banana cake filled and frosted with cream; (approximately 2-3 servings per a cake)	y chocolate fudo	ge icing	7.99/ea	
FRESH MIXED BERRY FRUIT SLICE Flaky puff pastry topped with vanilla custard and fresh glazed (approximately 1 fruit slice per person)	seasonal berrie	s	6.99/ea	
MINI HO HO CUPCAKE Moist chocolate cupcake filled with buttercream and glazed with decorated with buttercream (approximately 1 cupcake per person)	chocolate gana	che,	3.99/ea	
PINWHEEL SHORTBREAD Foodstuffs famous vanilla and chocolate shortbread swirled to (approximately 16-18 shortbreads per pound)	ogether		17.99/lb	
	5.99/ea 1.29/ea	Round Raisin Challah	7.99/ea	





CUT OFF DATE:

Saturday, September 11th

ORDER PICK-UP DATES:

Wednesday, September 15th & Thursday, September 16th 10 AM - 5 PM

EVANSTON 2106 Central Street (847) 328-7704

GLENCOE 338 Park Avenue (847) 835-5105

GLENVIEW Carillon Square 1456 Waukegan Road (847) 832-9999

LAKE FOREST 255 E. Westminster (847) 234-6600

EVENTS & CATERING 2104 Central Street (847) 328-8504

foodstuffs.com

WEDNESDAY - SEPTEMBER 15TH

STARTERS		ENTREES	
GEFILTE FISH A family recipe made with whitefish, tilapia and trout, served with sliced carrots and broth (approximately 1 piece per person)	7.99/ea	TRADITIONAL BRISKET WITH ONION GRAVY Iowa beef brisket braised with onions and chili sauce, served with our onion gravy (approximately 2-3 servings per pound)	20.99/lb
HOMEMADE HORSERADISH SAUCE Fresh white or red horseradish sauce, an accompaniment to our homemade Gefilte Fish (approximately 5-6 servings per container)	5.99/ea	HERB ROASTED TURKEY BREAST Harrison's Poultry Farm's all-natural turkey breast roasted with oregano, thyme and sea salt (approximately 2-3 servings per pound)	16.99/lb
MATZO BALLS Handmade with matzo meal, eggs, and fresh dill (approximately 1 matzo ball per person)	3.99/ea	PARMESAN CHICKEN SCALLOPINI Lightly breaded all-natural chicken breast, sauteed with parmesan cheese and herbs (approximately 2-2 servings per pound)	5.99/lb
BUBBIE'S CHICKEN BROTH Homemade seasoned chicken broth, perfect with our matzo balls (approximately 1-2 servings per container)	4.99/ea	SOUTHERN FRIED CHICKEN SLIDERS Foodstuffs southern fried chicken with chipotle mayonnaise and pickles, served on a mini buttercrust roll	3.99/ea
CHOPPED CHICKEN LIVER Traditional dish made with chicken liver, eggs and onions (approximately 3-4 servings per container)	6.99/ea	(approximately 2-3 sliders per person) PASTRIES	
SMOKED WHITEFISH SPREAD Our famous house-smoked whitefish with scallions and cholesterol-free mayonnaise (approximately 3-4 servings per container)	7.99/ea	6" FARMER'S MARKET PEASANT TART Hand-formed sweet pie crust filled with raspberries, blueberries, blackberries, strawberries, cherries, peaches and rhubarb	19.99/ea
HOMEMADE APPLESAUCE Chunky applesauce with cinnamon and sugar (approximately 3-4 servings per container)	6.99/ea	(approximately 5-6 servings per tart) KEY LIME PIE A graham cracker crust filled with tart lime filling, topped with sweet whipped cream (approximately 6-8 servings per pie)	21.99/ea
SIDE DISHES OLD FASHIONED BLINTZ SOUFFLÉ Sweet and savory baked soufflé with blueberry and cheese blintzes	10.99/lb	6" CRANBERRY APPLE CARAMEL CAKE A rich buttery coffee cake with baked cinnamon apples and cranberries, topped with brown sugar (approximately 5-6 servings per cake)	17.99/ea
(approximately 2-3 serving per pound) MOM'S NOODLE KUGEL Fettuccine noodles baked with raisins, pineapple, cinnamon and eggs (approximately 2-3 servings per pound)	10.99/lb	CARAMEL CHOCOLATE CHIP COOKIE CAKE Foodstuffs famous chocolate chip cookie dough baked into a thick cake with a layer of chewy caramel in the center (approximately 6-8 servings per cake)	20.99/ea
OLD FASHIONED TZIMMIS Sweet potatoes and carrots baked with prunes, honey and orange juice (approximately 2-3 servings per pound)	9.99/lb	LAURA'S DREAM BLONDIE A chewy vanilla crust baked with sweet cream cheese and topped with toasted almonds (approximately 3-4 blondies per pound)	17.99/lb
COURTNEY'S TUNA SALAD Foodstuffs famous tuna salad made with Albacore tuna, celery, scallions, worcestershire sauce, and a blend of cholesterol free and fat free mayonnaise (approximately 2-3 servings per pound)	13.99/lb	DANISH SALTED BUTTER COOKIES A crisp butter cookie with crystalized sugar and kosher sea salt (approximately 16-18 cookies per pound)	17.99/lb
CHOPPED SALAD Fresh vegetables tossed with avocado, artichoke hearts and our mustard vinaigrette (approximately 3-4 servings per pound)	10.99/lb	CARAMEL THUMBPRINTS Buttery cookies with caramel and dark chocolate (approximately 14-16 thumbprints per pound)	17.99/lb
LOW FAT CREAMED SPINACH Sauteed spinach with garlic, onions and our low fat cream sauce (approximately 2-3 servings per pound)	10.99/lb	TAFFY APPLES Granny Smith apples dipped in caramel, with or without chopped peanuts (approximately 1 apple per person)	3.99/plain 4.99/nuts
POTATO PANCAKES Shredded potatoes with onions, eggs and breadcrumbs (approximately 1-2 pancakes per person)	2.99/ea	ROUND CHALLAH 6.99/ea ROUND RAISIN CHALLAH	700/00
KISHKE Traditional recipe made with matzo meal, onions, potatoes, carrots, celery and garlic (approximately 3-4 servings per pound)	15.99/lb	CHALLAH ROLLS 1.29/ea ROUND RAISIN CHALLAH	7.99/ea
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